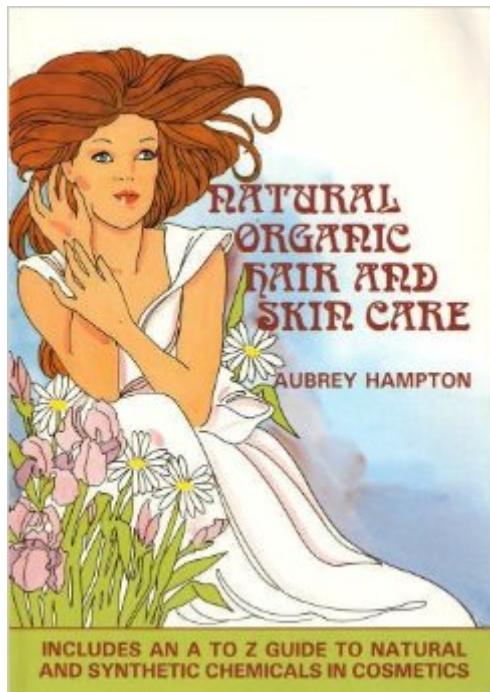


The book was found

# Natural Organic Hair And Skin Care: Including A To Z Guide To Natural And Synthetic Chemicals In Cosmetics



## **Synopsis**

Tips for developing your own natural skin care and scalp products. Dictionary of natural and synthetic cosmetic ingredients, their ingredients and performance.

## **Book Information**

Paperback: 441 pages

Publisher: Organica Pr (December 1990)

Language: English

ISBN-10: 0939157004

ISBN-13: 978-0939157006

Product Dimensions: 0.8 x 6 x 10 inches

Shipping Weight: 1.9 pounds

Average Customer Review: 4.6 out of 5 starsÂ  [See all reviewsÂ](#) (28 customer reviews)

Best Sellers Rank: #186,672 in Books (See Top 100 in Books) #11 inÂ  Books > Health, Fitness & Dieting > Beauty, Grooming, & Style > Skin Care #36315 inÂ  Books > Textbooks

## **Customer Reviews**

Among the many books I have recently read, I rate Aubrey Hampton's book NATURAL ORGANIC HAIR AND SKIN CARE above them all. If I could give this book 10 stars for a rating, I would give it to emphasize the invaluable information this book provides. Also, I highly recommend the Natural Soap Book and The Soap Maker's Companion by Susan Miller Cavitch. She is a chemist and maker of the products described in her books. She provides comprehensive, scientifically sound information about the natural ingredients she uses in soapmaking. Also, the Natural Soap book has a recipe for a shampoo soap. ONE BOOK I DO NOT RECOMMEND: In her book, The Natural Way to Super Beauty, Mary Ann Crenshaw makes negative statements about the use of natural oils for topical skin use or treatments contrary to what other authors state and back up with scientific studies and results based on their work as scientists and experiences in their field. Ms Crenshaw does not back up her statements with scientific evidence and studies to support her claims against the use of natural oils for topical skin care. Yet she recommends using regular commercial makeup to protect skin from sun damage (which can contribute to clogging and enlarging pores, irritating and aging skin). She mentions statements made by some companies that disclaim any benefits natural oils can have on the skin through topical use. These companies historically used and continue to use synthetic ingredient and ineffective fillers in their VERY EXPENSIVE products. This is an example comparative to doctor's disclaiming the benefits of natural foods, vitamins and herbs vs.

medications and drugs. My own experiences with the use and benefits of natural oils for topical skin and body care, have proven to me that Ms Crenshaw is dead wrong.

[Download to continue reading...](#)

Natural Organic Hair and Skin Care: Including A to Z Guide to Natural and Synthetic Chemicals in Cosmetics Get Younger Looking Skin Naturally: Advanced Skin Care (Aging, Skin problems, Eating for Beauty, Skin Care Routine, Skin Products, How to Age Well, Nails, Hair, Skin) Hair: Hair Loss: Learn About Hair Loss Prevention Methods and Regrowth Treatment: Hair Loss Cure: Hair Loss (Men's Health, Hair Loss Treatment, Regrow ... Loss Treatment for Woman, Hair Loss Cure) Hair Loss Cure & Treatment: Prevention & Effective Natural Regrowth Methods (Hair Loss Prevention, Hair Loss Treatment, Hair Loss Cure, Hair Loss For Men, Hair Regrowth, Self Help) The Comprehensive Hair Loss Guide: Hair Loss Treatment and Cure for Men and Women (Hair Loss Treatment for Women, Hair Loss Treatment for Men, Hair Loss ... Loss Remedies, Hair Loss Cure, Alopecia) Hair Loss Prevention: #1 Hair Loss Prevention And Reversal Techniques, Methods, Treatments And Remedies (Hair Loss, Hair Loss Cure, Hair Loss In Women, ... Protocol, Hair Loss Black book, Baldness) The Ayurveda Hair Loss Cure: Preventing Hair Loss and Reversing Healthy Hair Growth For Life Through Proven Ayurvedic Remedies (Ayurveda Medicine, Hair ... Diet, Hair Loss Diet, Hair Loss Sollutions) The Men's Hair Book: A Male's Guide To Hair Care, Hair Styles, Hair Grooming, Hair Products and Rocking It All Without The Baloney Make Your Own Cosmetics: Recipes, Skin Care, Body Care, Hair Care, Perfumes, and Fragrancing, Herbs, Essential Oils, Cosmetic Ingredients... (Neal's Yard Remedies) Hair Loss and the Big Pharma - The Ultimate Guide on Avoiding Frauds, Disinformation and Bad Medicine (Hair Loss Cure, Hair Loss Nutrition, Hair Loss Solutions, Hair Loss Alopecia, Alopecia Areata) Hair Loss: How it Happens and How to Fix It (Hair Loss, beauty and fashion, hair, loss, aging parents, hair growth, healthy hair) How to Cure Baldness and Prevent Male Hair Loss (Mens Hair Loss, Propecia, Minoxidil, Receding Hair Line, Hair Regrowth, male pattern baldness, mens hair) Hair Loss Cure: Everything You Need to Know About Hair Loss, Hair Loss Prevention, Hair Re-growth and Hair Loss Treatments (Hairloss treatment) Organic Body Care Recipes Box Set: Organic Body Scrubs, Organic Lip Balms, Organic Body Butter, And Natural Skin Care Recipes Organic Homemade Lotion Recipes - For All Skin Types (The Best Lotion DIY Recipes): Lotion Making For Beginners (organic lawn care manual, organic skin care, beauty and the beast) Skin Picking: for beginners - How to recover from Skin Picking Disorder - What You Need To Know About Dermatillomania Treatment and Cure (Skin Picking ... - Skin Ailments - Skin Diseases Book 1) NATURAL HAIR SCALP REGENERATION - STOP hair loss and regrow hair very FAST GUARANTEED: YOUR LAST CHANCE TO REGROW

YOUR HAIR NATURALLY Homemade Shampoo: Beginner's Guide To Natural DIY Shampoos - Includes 34 Organic Shampoo Recipes! (Natural Hair Care, Essential Oils, DIY Recipes, Promote ... Masks, Aromatherapy, Hair loss treatment) Percutaneous Absorption: Drugs--Cosmetics--Mechanisms--Methodology: Drugs--Cosmetics--Mechanisms--Methodology, Third Edition, (Drugs and the Pharmaceutical Sciences) Homemade Natural Hair Care (with Essential Oils): DIY Recipes to Promote Hair Growth, Shine & Repair (Shampoo, Conditioner, Masks, Aromatherapy, Hair Loss Treatment - 100% Cruelty Free)

[Dmca](#)